



Wear it Purple Day 2024 – Leader Talking Points

These leader talking points can be used by leaders to start a conversation with their teams about Wear it Purple Day on Friday 30 August.

What is Wear it Purple Day?

- Wear it Purple Day is celebrated annually on the last Friday in August.
- It was founded in 2010 in response to global stories of bullying and harassment directed at LGBTIQ+ adolescents and young adults.
- Wear it Purple Day has become an international movement of love and support.
- This year's theme is 'Your Passion, Your Pride', a celebration of LGBTIQ+ people openly and visibly achieving their dreams in sport, art, science and more.
- LGBTIQ+ is a short way to say lesbian, gay, bisexual, trans and gender diverse, intersex, queer and asexual. People can use any of the words to talk about different parts of themselves. The first letters of each of these words are used together as 'LGBTIQ+' to mean all of these things at once.

Facts about LGBTIQ+ people living with disability

- Intersectionality refers to the ways in which different aspects of a person's identity can expose them to overlapping forms of discrimination and marginalisation - such as disability, gender identity and sexual orientation.
- The following facts are taken from the [La Trobe research report](#) looking at violence, abuse, neglect and exploitation of LGBTIQ+ people living with disability.
 - Among LGBTIQ+ young people with disability, 90.9% reported high or very high levels of psychological distress in the past 4 weeks, compared to 70.6% of those without disability.
 - LGBTIQ+ young people with disability are significantly more likely to report experiencing verbal and physical harassment due to their sexual orientation or gender identity compared to those without disability.
 - Almost one-third of young people with disability reported sexual harassment or assault compared to 18.5% of those without disability.

Easy Read guide for Wear it Purple Day

- We have developed an Easy Read guide for Wear it Purple Day.
- This has information for people we support on Wear it Purple Day.
- It also has a competition they can enter by clicking on the QR code.
- Leaders can support people to access and understand this guide.

Questions to encourage further team discussion and action

- What could we add or change in our physical environment that would make LGBTIQ+ adolescents and young adults feel more welcome?
- What simple changes in our language, forms or processes could be more welcoming for LGBTIQ+ adolescents and young adults?