

# Employee Counselling

Converge can support you to build the skills you need to adapt to the changing world of work and to thrive in all areas of life.



Employee Counselling is provided independently to your organisation.

When you access Employee Counselling, you can speak with a qualified, experienced clinician across a range of issues including:

- work and personal stress
- work, career and life changes
- personal and workplace relationships
- emotional difficulties
- communication and relationship tension, conflict and breakdown
- grief and loss
- sleep and fatigue
- gambling, drug, alcohol and other addictions
- anger and violence.

## Your Employee Counselling is:

- **A free, confidential service**
- **Available to all employees 24/7, anytime, anywhere**

Details of your discussion will not be shared with your manager or workplace. You can read our Privacy Policy on our website.

Book an appointment to speak with us:



Scan the QR code or click here to **book**. Don't forget your organisation code:



Visit [convergeinternational.com.au](https://convergeinternational.com.au) to **Live Chat** with a counsellor.



Call **1300 687 327** (Australia)  
**0800 666 367** (New Zealand)

