

Talking Points

International Women's Day 2024

- **International Women's Day**
 - International Women's Day is on March 8 every year.
 - International Women's Day is a special day when we celebrate women all over the world.
 - It's a day to say thank you to women and to recognise their achievements.
 - It's a day to acknowledge where we need to take action to improve gender equality so that everyone has equal opportunities.
- **International Women's Day is about gender equality**
 - Gender equality is a human right. This means everyone regardless of their gender has access to the same opportunities, like education, employment, and healthcare.
 - The aim of gender equality is to achieve equal opportunities and outcomes for women and men, not necessarily outcomes that are exactly the same for all.
 - It's about making sure everyone feels safe and respected.
- **International Women's Day has special importance for people with a disability**
 - It's a reminder that every woman, deserves respect and empowerment.
 - It's a day to recognise the challenges women with disabilities may face and to celebrate their strengths and achievements.
 - This day also highlights the need for inclusion and accessibility for all women.
- **Each year International Women's Day has a different theme**
 - A theme is like a big idea or message about International Women's Day.
 - This year the theme is **Inspire Inclusion**.
 - This means the focus for this year's celebration is to inspire and encourage everyone to make sure women feel included in all parts of life.
 - This is about helping people see the importance of treating women equally and giving them opportunities to participate in everything.
- **Let's celebrate this day by talking about women you know who:**
 - Have done great things.
 - Inspire you and make you feel good about yourself.
 - Make you feel included.