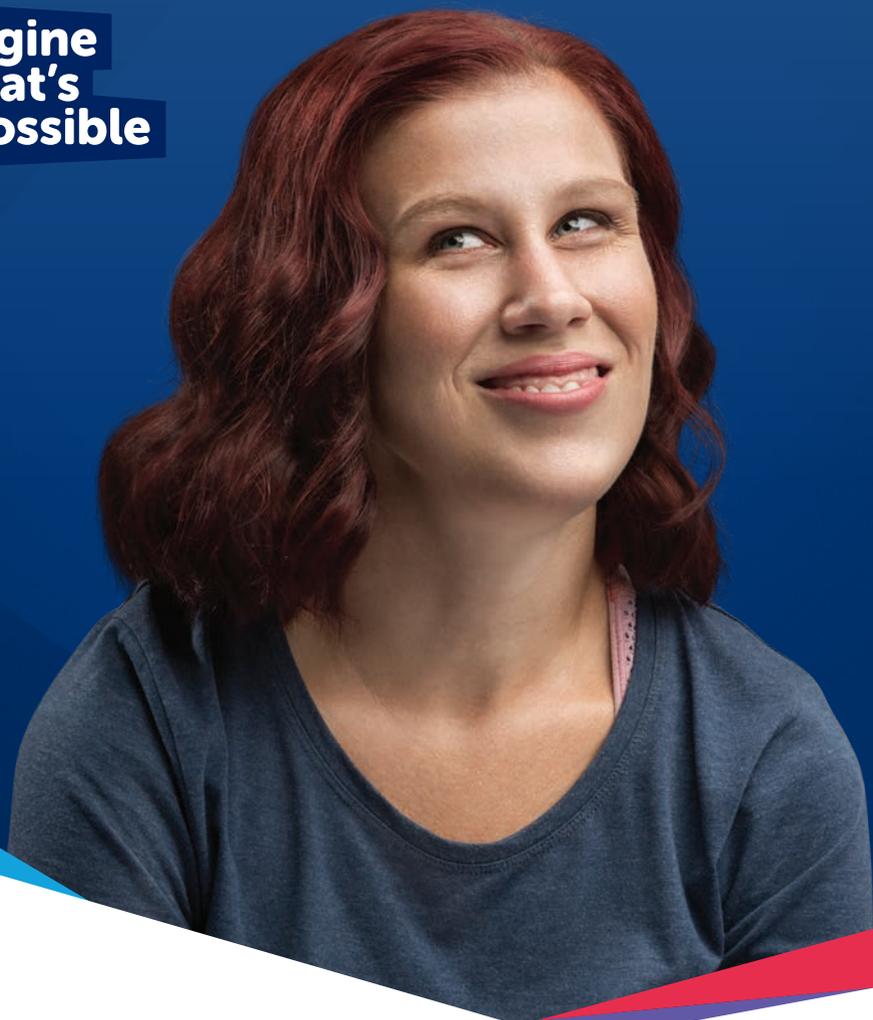


# Learning and Lifestyle

Imagine  
what's  
possible



**A place to imagine what's possible**

Learning and Lifestyle hubs in locations across  
Queensland, New South Wales and Victoria

**NDVR**  
Endeavour  
Foundation

A Learning and Lifestyle hub is more than just a place to spend the day.

We offer a safe and supportive environment for you to participate in a range of flexible learning programs, recreation, and social activities that are aligned with your goals.



Our Learning and Lifestyle hubs offer state-of-the-art technology including virtual reality, robotics and 3D printing programs, to support a stimulating learning environment.



With fully equipped kitchens, outdoor areas, recreational spaces and quiet areas - we follow a person-centred support model in a fun, inclusive and social environment.

## **We focus on ability – on dreams, goals and potential.**

We engage with you and your support network to imagine the possibilities and then work together to make them happen.

Endeavour Foundation develops programs with your dreams, goals and potential in mind. We use the following themes to build our programs and then use modern learning applications to impart and provide person-centred support.



## **Individualised Support**

Individualised Support is all about you – your goals, interests, and lifestyle. We work with you to develop your individualised support plan to ensure you achieve the goals that matter most to you. From developing daily living skills to engaging with your local community, we will support you as you take the steps to live the life you want.

We can support you to do community-based activities such as:

- Shopping
- Movies
- Exercise (hiking, gym, yoga, fitness classes and more)
- Travel training or public transport experiences
- Social events
- Music concerts
- Life skills, such as personal care, budgeting, and social skills.





# Foundations

Foundations supports skill maintenance and development across literacy and numeracy. With multi-level programs targeted to reading, writing, speaking and listening, as well as addition, subtraction, measurement and shapes, you will be supported to learn through a variety of mediums including activities and games.







# Life skills

Life skills focuses on day-to-day tasks such as:

- cooking and domestic skills
- personal hygiene
- organisational skills
- Home maintenance
- public transport.



# NDVR

## Endeavour Foundation

Choice,  
opportunities  
and personalised  
support across:

- home
- work
- community





# Social engagement

Utilising local connections, social engagement supports you to participate in local events as well as use local facilities, all with a view to developing interactions within your community. We also offer incursions and invite special guests into our hubs to share information and lead activities.







# Healthy

Our healthy programs are focused on being active, making healthy choices and being responsive to a person's mental, social and physical wellbeing. It supports you to take care of yourself, your family and friends and directs you to make the right choices when it comes to your health and lifestyle activities.







# Technology

Technology makes use of the latest gadgets and devices to build, design and have fun!

This area includes computers, tablets, smartphones, virtual reality, robotics, coding, digital photography, video and music to support you with your learning and simply to enjoy playing with some really cool tech.





**NDVR**  
Endeavour  
Foundation



# Recreation

Recreation provides people with the opportunity to have fun, make connections and do what makes you happy.

Recreation focuses on connecting with friends, doing fun things at home, at our hubs or in the community, or simply taking time to relax and unwind.





GRAND C  
NATIONAL



# Employment

Employment focuses on developing skills needed for work. Whether it's work experience, volunteer work or paid employment, you will learn and practice skills such as finding out what type of work you are interested in, searching for work on and offline, applying for jobs and undertaking interviews.

You will also learn how to dress for an interview and work, as well as appropriate behaviour when in the workplace.







# Passion and hobbies

Passion and hobbies is all about doing the things you love! It could be skill development, launching your own online business, or simply exploring a creative outlet as a hobby.

Maybe you're passionate about the bush or ocean, growing flowers or veggies or even collecting eggs from hens in the backyard. It might mean conducting experiments to see how things work, or taking time out to literally smell the roses.

If it makes you smile or if you lose track of time doing it, then this is what passion projects and hobbies are all about.





# Special events

Special events enable communities to come together. Whether you're singing in Endeavour Foundation's Battle of the Bands or hosting a social BBQ, special events provide an opportunity for you to socialise with friends, work on projects together or get out into the community.



**Endeavour Foundation  
operates Learning  
and Lifestyle hubs  
across Queensland,  
New South Wales  
and Victoria.**

Our hours of operation and activity calendars vary depending on your individual hub, however as a guide Learning and Lifestyle hubs open at 8.30am and close at 3pm.

For further information about our Learning and Lifestyle locations please visit **[endeavour.com.au/learning](https://endeavour.com.au/learning)**



# We focus on ability - on dreams, goals and potential.

We'll collaborate with you to imagine the possibilities and then work together to make them happen.

## Need more information?

-  1800 112 112
-  [hello@endeavour.com.au](mailto:hello@endeavour.com.au)
-  [endeavour.com.au/learning](http://endeavour.com.au/learning)



Registered NDIS Provider