



## 2b. Assisted walking with a transfer belt - 1 worker

### How to use this form:

This procedure must be reviewed for appropriateness in the immediate workplace by the supervisor/manager in consultation with the staff doing the task.

### Staff contributing to the review of the procedure for the immediate workplace:

### Date:



Identified risks for this task	Risk controls
<ol style="list-style-type: none"> <li>1. Client unable to weightbear or partially weightbear. Client inconsistently weightbearing.</li> <li>2. Client with fluctuating medical, mobility or behavioural status.</li> <li>3. Slip/trip hazards.</li> <li>4. Incorrect positioning of transfer belt.</li> <li>5. Worker not trained in the manual handling principles and techniques which support the safe application of this procedure.</li> <li>6. Worker not trained/instructed in this safe work procedure.</li> </ol>	<ol style="list-style-type: none"> <li>1. If the client has difficulty weight bearing use an alternative method to mobilise the client.</li> <li>2. Review Client Manual Handling Plan or Manual Handling Procedures.</li> <li>3. Ensure that the path is clear of slip/trip hazards.</li> <li>4. Position transfer belt as per this procedure.</li> <li>5. Worker should receive training/instruction in the principles of manual handling to safely perform this task.</li> <li>6. Worker must receive appropriate on site training/instruction in this procedure prior to performing this task.</li> </ol>
<p><b>Ongoing review requirements</b></p> <ul style="list-style-type: none"> <li>• Review the relevance and currency of this procedure to the client as part of the client review process.</li> <li>• If an injury/incident occurs relating to this particular task.</li> <li>• If changes are made to the workplace that may affect implementation of this procedure.</li> </ul>	<p><b>Reviewed by:</b></p> <p><b>Reason for review:</b></p> <p><b>Review date:</b></p> <p><b>Manager's Signature:</b></p> <p><b>Date:</b></p>

Please turn over for Task Steps...



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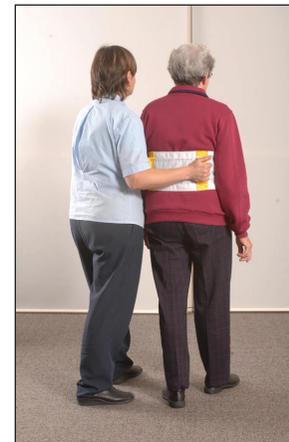
### TASK STEPS

#### Preparation

1. Review the client's Manual Handling Plan or Manual Handling Procedures to determine how he/she mobilises.
2. Ensure client has appropriate footwear on.
3. Ensure path is clear of all slip/trip hazards.
4. Ensure the transfer belt is the correct size and is fitted around the lower rib cage and is firmly fastened.
5. Explain the task to the client, and inform the client of what they are to do.

#### Doing the task

1. Stand the client up in accordance with procedures for Sit-to-Stand Transfers.
2. Worker stands close to the client on their weaker side.
3. Worker places their arm closest to the client around the back of the client and grips the far handle of the transfer belt.
4. The Worker grips the handle of the transfer belt closest to them with their other hand. Keep the elbow bent and close to the side of the body and the shoulder relaxed.
5. Encourage the client to commence walking to the destination. Client and Worker walk side by side.



#### Concluding task

1. Worker continues to mobilise the client guiding them using the transfer belt until the destination is reached.
2. Worker assists the client to sit in accordance with procedure for Stand-to-Sit Transfers.
3. Once the client is seated the Worker moves in front of the client to undo the transfer belt and remove it.

Please turn over for Task Steps continued...

### **Points to consider when using a Transfer Belt:**

1. Transfer belts do not replace safe manual handling practices, they are an aid.
2. They provide a grip, but are not a lifting device.
3. Correct size and positioning are important. Position the belt around the lower rib cage, not the chest or stomach. Firmly fasten.
4. Do not lift the client by the belt – facilitate a normal pattern of movement utilising the principles and techniques of safe manual handling particularly keeping the elbows bent and close to the body and shoulders relaxed.