



2a. Assisted walking without equipment - 1 worker

How to use this form:

This procedure must be reviewed for appropriateness in the immediate workplace by the supervisor/manager in consultation with the staff doing the task.

Staff contributing to the review of the procedure for the immediate workplace:

Date:



Identified risks for this task	Risk controls
<ol style="list-style-type: none"> 1. Client unable to weightbear or partially weightbear. Client inconsistently weightbearing. 2. Client with fluctuating medical, mobility or behavioural status. 3. Slip/trip hazards 4. Worker not trained in the manual handling principles and techniques which support the safe application of this procedure. 5. Worker not trained/instructed in this safe work procedure. 	<ol style="list-style-type: none"> 1. If the client has difficulty weightbearing, use an alternative method to mobilise the client. 2. Review Client Manual Handling Plan or Manual Handling Procedures. 3. Ensure that the path is clear of slip/trip hazards. 5. Worker should receive training/instruction in the principles of manual handling to safely perform this task. 6. Worker must receive appropriate on site training/instruction in this procedure prior to performing this task.
<p>Ongoing review requirements</p> <ul style="list-style-type: none"> • Review the relevance and currency of this procedure to the client as part of the client review process. • If an injury/incident occurs relating to this particular task. • If changes are made to the workplace that may affect implementation of this procedure. 	<p>Reviewed by:</p> <p>Reason for review:</p> <p>Review date:</p> <p>Manager's Signature:</p> <p>Date:</p>

Please turn over for Task Steps...



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This procedure is only appropriate for clients who are able to support most or all of their body weight in standing and can assist throughout the transfer process.

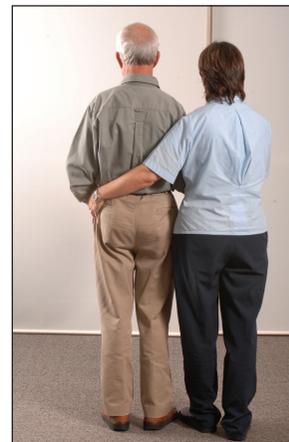
TASK STEPS

Preparation

1. Review Client's Manual Handling Plan to determine how he/she mobilises.
2. Ensure client has appropriate footwear on.
3. Ensure path is clear of all slip/trip hazards.
4. Explain the task to the client, and inform the client of what they are to do.

Doing the task

1. Stand client up in accordance with procedures for Sit-to-Stand Transfers.
2. Worker stands close to the client on the client's weaker side (if they have one), facing the direction of travel.
3. Worker places their arm that is closest to the client around the client's back, putting their hand onto the client's far hip or shoulder blade.
4. The Worker positions their outside arm close to their body with their elbow bent and shoulder relaxed. The Worker has an upright fist with their thumb tucked in, wrist in neutral for the client to grip as a walking stick. If the client cannot grip, then the Worker uses their outside arm to support the client's forearm which should be bent at the elbow.



Please turn over for Task Steps continued...

Note:

The client should merely be resting their hand on the Workers fist, and not leaning onto them.

5. The Worker and client walk side-by-side. The Worker's hip is positioned as close to and slightly behind the client's hip. Walk taking small steps.
6. The Worker can control the client's direction of movement at the client's hip or shoulder with the hand that is behind the client.

Concluding task

1. Worker continues to mobilise the client supporting them at the hip and hand until the destination is reached.
2. Assist the client to sit in accordance with procedure 1g Stand-to-Sit from the front and side.

