



This Toolbox Talk is to assist you in leading a discussion around PPE at your site.

PPE (Personal Protective Equipment): This toolbox talk is to be delivered by all managers of sites where PPE is required to be used.

What is PPE, why do you need it & when to use it?

- PPE helps keep you safe at work along with other controls – PPE is the last line of protection
- All workers must wear their PPE – it's the LAW
- PPE must fit and be worn properly every time
- Ask for help from a supervisor if you don't know how to wear it, use it or when to use it
- The PPE must be kept clean and well maintained
- If your PPE is broken or expired, notify a supervisor and have it fixed or replaced
- You must wear PPE at all times if required for your job or if you have been instructed to
- PPE protects you from:
 - Head injuries, flying objects, slip & trip hazards, bruises, cuts, punctures,
 - Foreign bodies, contamination, gases, vapours, loud noises, burns
 - Germs, dust, chemicals, sunburn etc.
- When does PPE provide protection? "When you are wearing it"
- No matter what PPE you wear, it is essential to follow the Safe Work Procedures.

What PPE might you need to use?

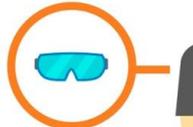
Head Protection

Hats e.g. hard hat used to protect from falling objects, wide brim hat used for sun protection



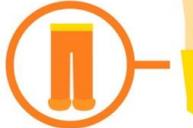
Eye Protection

Safety glasses/sunglasses use to protect your eyes from airborne particles e.g. dust, metal fragments



Safety Clothes

Long sleeves and long pants protect against cuts, burns etc.



Safety Boots

Use to protect your feet from falling/rolling objects, trips/slips



Hearing Protection

Use in noisy areas to avoid hearing loss e.g. ear muffs



Respiratory Equipment

Use to protect from inhaling dust or other contaminants e.g. disposable mask



Hi-vis Clothing

Use to make sure you are highly visible to others



Safety Gloves

Use to protect your hands from injury cuts, burns, punctures etc.



